

LEE COUNTY SENIOR SERVICES ADVISORY BOARD

Meeting Minutes

Wednesday, September 18, 2013

Board Members Present: Woody Beale, Alice Beardslee, Jim Payne, Donese Pulley, Esther Siler, Mary Upchurch
Board Members Absent: Commissioner Ricky Frazier, Karen Oldham, Jim Turner
Staff Present: Debbie Davidson, Melanie Rodgers, Debbie Williams

Mary Upchurch opened the meeting and welcomed everyone. The Board approved the June 19, 2013 minutes.

Debbie Williams distributed flyers about upcoming programs. A Card Party co-sponsored by Miller Boles Funeral Home will be held Tuesday, 10/1 – proceeds benefit The Enrichment Center, Inc. Helping Fund. Retirement Matters, a financial seminar providing knowledge and information about how savings, pensions and investments come together will be on Tuesday, 10/15 at 6 pm. Tai Chi classes are well attended and will continue. A Living Healthy with Diabetes series is being held and there's an ongoing wait list for those interested in the next series. The annual Fall Festival and Make a Difference Day will be held Saturday, 10/26. Over 40 vendor tables will have items for purchase. Grilled hot dogs and sausage dogs will be available for purchase. Proceeds from baked goods and grilled items will benefit The Enrichment Center, Inc. Helping Fund. Volunteers are needed for the Fall Festival and MADD. Donations of wrapped baked items are needed for the bake sale. The Veterans Appreciation Breakfast will be held Thursday, 11/7. Miller Boles will co-sponsor the meal and Image One Advertising will co-sponsor the veterans' gift. A Scam Jam session with Barbara Bennett of the Secretary of State's Office, will be on Tuesday, 11/19.

Debbie Williams said there were two suggestions this month: sewing classes and an indoor pool location for year-round water aerobics. Debbie is researching and will report findings at the October 2013 Board meeting.

Mary Upchurch congratulated the Senior Services staff for their department and STARS awards: Senior Center Certification, Teamwork, and Department of the Month. Lee County employees and the general public can nominate employees and departments. Nomination forms are located at The Enrichment Center and www.leecountync.gov.

Debbie Davidson advised Medicare Part D Open Enrollment will be 10/15/13 – 12/7/13. Volunteers are needed to assist with the two walk in clinics. Contact Janice if you are available to assist.

Mary Upchurch relinquished Chair and Esther Siler relinquished Vice Chair of the Senior Services Advisory Board. Debbie Davidson reported it is time to elect Chair and Vice Chair for FY14. Debbie opened the floor for nominations of Chair. Woody Beale nominated Mary Upchurch for Chair and Esther Siler for Vice Chair. Alice Beardslee seconded and all were in favor. Mary Upchurch and Esther Siler accepted positions of Chair and Vice Chair respectively.

Debbie Williams reported 58 flu vaccinations were administered on Friday, 9/13 by Brick City Primary Care.

Melanie Rodgers provided the August 2013 Financial Report. A copy is attached to the original minutes.

Mary Upchurch reported that at the recent Triangle J Area Agency on Aging Advisory meeting, Lee County was awarded \$2,814 in Health Promotion/Disease Prevention dollars and \$36,179 in National Family Caregiver Grant dollars.

Melanie Rodgers provided and reviewed the FY2013 year-end financial report. A copy is attached to the original minutes. Alice Beardslee asked if the Congregate and Home Delivered Meal programs are in jeopardy of further sequester. Debbie Davidson answered that the Federal budget year begins October 1, 2013 and further sequester is possible. Debbie will keep the Board informed.

Debbie Davidson provided a Lee County Department updates. Staff performance plans for FY14 have been filed. The State of the County and Lee County Aging Plans come from these reports. Annual planning is best for Lee County. Annual employee wellness screenings will take place in November 2013. If employees participate in the screenings they receive an additional \$300 in their Health Savings Account or assistance with their PPO premiums. A Weight Watchers

at Work program for Lee County employees started in August 2013. Senior Services and COLTS have six employees participating.

Mary Upchurch provided Triangle J AAA updates. The meeting consisted mostly of reviewing the Regional Aging Plan. Debbie Davidson advised that Lee County Senior Services has annual Aging Plans due to the economy and fluctuating grant sources.

Debbie Davidson advised that Board members will receive orientation at the Wednesday, October 16, 2013 meeting.

Mary Upchurch reported that the Senior Tar Heel Legislature will meet 10/3-4, 2013.

Donese Pulley reported on the reauthorization of the Older Americans Act. She recommended making phone calls, mailing hand written letters or a personal visit to elected officials stressing the importance of the Older Americans Act. Triangle J AAA Council members went through a self-analysis for improvements.

Old/New Business – The next Senior Services Advisory Board meeting will be at 8:30 am, Wednesday, October 16, 2013.

Respectfully Submitted by Melanie Rodgers

On behalf of Debbie Davidson, Secretary

Mary Upchurch, Chair

Debbie Davidson

Mary Upchurch