

LEE COUNTY SENIOR SERVICES ADVISORY BOARD

Meeting Minutes

Wednesday, October 15, 2014 Piedmont Health SeniorCare, Pittsboro, NC

Board Members Present: Woody Beale, Alice Beardslee, Karen Oldham, Jim Payne, Esther Siler, Jim Turner, Mary Upchurch

Board Members Absent: Comm. Ricky Frazier, Jim Turner

Staff Present: Melanie Rodgers, Debbie Williams

9:51 a.m. Mary Upchurch opened the meeting and welcomed everyone. She thanked Board members for attending the tour of Piedmont Health SeniorCare. Lee County residents are eligible to participate at the Pittsboro PACE center. Contact information was distributed. She asked for approval of the meeting agenda. Jim Payne made a motion to approve the agenda, seconded by Jim Turner, all were in favor. Mary Upchurch asked for a motion to approve the minutes from the September 17, 2014 meeting. Jim Payne asked if there will be follow up programs about voter ID. Debbie Williams advised yes, they will be included in the Diners Club programs. Voters will need a valid form of identification to vote beginning 2016. The Board requested to add, "Follow up voter ID program recommended" to the Sept. 2014 minutes. Jim Payne made a motion to approve the minutes with the addition, seconded by Alice Beardslee, all were in favor.

There were no public comments.

Candidate Clay Aiken made a visit to the PACE center at the time of the meeting. Introductions were made and the Board provided Mr. Aiken with information about The Enrichment Center, programs and older adult needs in Lee County.

Debbie Williams provided packets of information about upcoming programs at The Enrichment Center. The Fall Festival (8 a.m. – 2 p.m.) and Alzheimer's Walk (12 noon – 2 p.m.) will be held Saturday, 10/25. AARP Smart Driver Class will be held 11/12. The Veterans Appreciation Breakfast will be held Friday, 11/7 at 8:30 a.m. with a full breakfast served. A medication management program will be provided by Moncure & Siler City Health Centers on Friday, 11/14 at 11:00 a.m. More than 60 cards and games players attended the recent Card Party. Sixteen participants attended the first Zumba Gold class on Oct. 6. Tai Chi classes are ongoing and very popular. Adult/child CPR classes (for older adults only to attend) are scheduled for three dates and are all filled. Walgreen's provides blood pressure screenings on the 2nd Tuesday of the month. Alice Beardslee asked for an update on Silver Sneakers. Debbie Williams advised that all paperwork has been signed and approved for The EC to offer Silver Sneakers. Participants are being registered into MySeniorCenter attendance data base program. Participants will receive a MySeniorCenter swipe card after their paperwork is complete. There were no suggestions submitted to The EC.

Melanie Rodgers distributed and reviewed the September 2014 Financial Report. A copy is attached to the original minutes.

10:17 a.m. Jim Turner left the meeting to deliver meals for The Enrichment Center.

Melanie Rodgers provided Lee County Government updates. Diners Club participants are being registered into the MySeniorCenter, the data base and attendance program using a swipe card. COLTS has moved its offices and 18 vehicles to the Hillcrest facility.

Mary Upchurch reported that Suzanne Merrill is now the Director of NC Division of Aging and Adult Services. The Senior Tar Heel Legislature met Oct. 9-10, 2014 and finalized the STHL 2014-15 priorities. A copy of the press release is attached to the original minutes.

10:26 a.m. Karen Oldham left the meeting.

Old/New Business

The next meeting will be Wednesday, Nov. 19 at 8:30 a.m. at The Enrichment Center. With no further business, and general consent, the Board adjourned at 10:35 a.m.

Respectfully Submitted by Melanie Rodgers

On behalf of Debbie Davidson, Secretary

Mary Upchurch, Chair



