

LEE COUNTY SENIOR SERVICES ADVISORY BOARD

Meeting Minutes

Wednesday, August 20, 2014

The Enrichment Center Conference Room 8:30 a.m.

Board Members Present: Jim Turner, Jim Payne, Donese Pulley, Esther Siler, Mary Upchurch, Commissioner Ricky Frazier

Board Members Absent: Woody Beale, Alice Beardslee, Karen Oldham

Staff Present: Debbie Davidson, Jimmy Solomon

8:32 a.m. Mary Upchurch opened the meeting and welcomed everyone. She asked for approval of the agenda. Jim Payne added voter ID and programs available for fall prevention. Ricky Frazier made a motion to accept the agenda, seconded by Jim Payne, all were in favor. Mary asked for a motion to accept the minutes from the May 14, 2014 board meeting. Jim Turner made a motion to accept the minutes as written, seconded by Donese Pulley, all were in favor.

Comm. Ricky Frazier made a motion that Mary Upchurch serve as Chair and Donese Pulley as Vice Chair of the Senior Services Advisory Board. Seconded by Esther Siler, all were in favor.

Board members read and signed the Oath of Office. Debbie Davidson notarized the oaths.

Jimmy Solomon gave an update about the Saturday, October 11, 2014 Helping Fund Golf Tournament to be held at Quail Ridge. Board members are asked to recruit sponsorships, door prizes and golfers.

Debbie Davidson provided information about upcoming programs at The Enrichment Center. The Boomer, Senior & Caregiver Expo will be held Wednesday, August 27. Volunteers are needed for The BSCG Expo. A free Alzheimer's and Dementia series will be offered at 5:30 p.m. Mondays September 2 through October 7. Professionals in their fields will present information on the basics of Alzheimer's, disclosure and changing relationships, legal and financial, emotions, behaviors and communications, medications and maintaining independence and exercise. Participants will soon be entered into the MySeniorCenter equipment and program. This is an attendance and reporting program used around the nation developed for Senior Centers. Silver Sneakers has requested a new contract. The contract is being reviewed by the County Attorney for signature. County Manager John Crumpton is in contact with the participant who was upset about the religious nature of our Diners Club programs. A Lee County Commissioner has suggested that carry conceal be allowed in Lee County facilities. The suggestion will be discussed at the next Department Director meeting.

Debbie Davidson advised that two Enrichment Center staff members have been trained to provide A Matter of Balance fall prevention classes. One staff member moved and two are required to teach the classes. Since this time, there have not been any instructor training courses, thus, we cannot offer the program until two are certified to teach.

Debbie Davidson distributed and reviewed the July 2014 Financial Report. A copy is attached to the original minutes.

Debbie Davidson provided Lee County Government updates. One COLTS driver resigned to accept employment with higher wages and benefits with Lee County schools. The COLTS system is running well and is extremely busy. The COLTS office and vehicles will be re-located on Hillcrest St. in the facility adjacent to the Lee County Government Center. The move will take place the beginning of October. Due to this move and for safety reasons, The Enrichment Center will need to open the fitness room at 8:00 a.m. rather than 7:30 a.m. Notice has been given to fitness room participants. The screens and doors have been removed from The Enrichment Center pavilion. The floors, tables and chairs have been cleaned and the space is available for use. Estimates are being secured for additional improvements. A COLTS driver is certified to teach CPR and classes will be provided for older adults as well as staff.

Esther Siler reported that there is a big push by the Senior Tar Heel Legislature for advocacy for older adults. Technology will never replace face to face communication and is the best way to communicate with NC legislators. Esther reminded the Board to be aware of ethics concerns when advocating. Mary Upchurch reported that the Senior Tar Heel Legislature is very active in supporting the Home & Community Care Block Grant. The HCCBG has been reduced three times since 2008 with no replenishment to date. Advocate the importance of the HCCBG to your local, state and federally elected officials.

Donese Pulley reported on the recent Triangle J Area Agency on Aging Advisory Board. The Municipal Livability Assessment Tool Kit was presented by Mary Warren. Aging-In-Place experts are attempting to promote livable communities. Mary Upchurch, Donese Pulley and Karen Oldham represent Lee County citizens by serving on the Triangle J AAA Adv. Board and Esther is an alternate. Mary Upchurch suggested Jim Turner or Jim Payne serve on the Triangle J AAA Adv. Board.

Old/New Business – Jim Payne asked if we should canvas The Enrichment Center population to make sure they all have ID cards and if we could help them get an ID card if needed. Debbie Davidson will contact Board of Elections Director Nancy Kimble to provide a program to the Older Adults at the Enrichment Center on the new law and options for receiving ID Cards. Transportation for Senior Adults to vote or obtain an ID is available for a fare rate on the COLTS system. This is not a transit service that can be paid using grant funds. The next meeting will be at 8:30 a.m. Wednesday, September 17, 2014.

With no further business, Esther Siler made a motion to adjourn, seconded by Donese Pulley, all were in favor. Adjourned at 9:45 a.m.

Respectfully Submitted by Jimmy Solomon

On behalf of Debbie Davidson, Secretary

Debbie Davidson

Mary Upchurch, Chair

Mary Upchurch