

LEE COUNTY SENIOR SERVICES ADVISORY BOARD

Meeting Minutes

Wednesday, April 15, 2015 The Enrichment Center Conference Room, Sanford, NC

Board Members Present: Woody Beale, Alice Beardslee, Karen Oldham, Jim Payne, Esther Siler, Jim Turner, Mary Upchurch

Board Members Absent: Comm. Ricky Frazier, Donese Pulley

Staff Present: Debbie Davidson, Melanie Rodgers, Debbie Williams

Guest: Joan Pellettier, Triangle J Area Agency on Aging

8:30 a.m. Mary Upchurch called the meeting to order and welcomed everyone. She asked for any changes to the agenda and approval. Alice Beardslee made a motion to accept the agenda as written, seconded by Jim Payne, all were in favor. Mary Upchurch asked if there were any corrections to the March 25, 2015 meeting meetings. With no corrections, Jim Turner made a motion to accept the minutes, seconded by Esther Siler, all were in favor.

There were no public comments.

Debbie Williams reviewed upcoming programs with the Board. Latin Dance, a new class, will begin April 21 at 5:30 p.m. The Card & Games Party will be held April 23 and is co-sponsored by Miller Boles Funeral Home.

8:34 a.m. Karen Oldham arrives.

The Gay 90s Annual Luncheon honoring Lee County citizens 90 and better will be held Wed. May 6. All board members and County Commissioners are invited to attend. Rev. Linda Smith will provide the program. The Rex Mobile Mammography unit will be at The Enrichment Center May 15. Females age 35 and better can call the Lee Co. Health Dept. for guidelines and to register. May is National Senior Fitness month and will be recognized at The EC on May 14 with free fitness classes and demonstrations. May is nationally recognized as Older Americans Month and the 2015 theme is "Get Into The Act." It's a time to focus on how older adults are taking charge of their health, getting engaged in their communities, and making a positive impact in the lives of others. Two staff members and two volunteers attended train the trainer course for A Matter of Balance. The EC will again be offering A Matter of Balance, a nationally recognized evidenced-based course designed to assist with fall prevention.

8:39 a.m. Joan Pellettier arrives.

Senior Games & Silver Arts of Lee County registration will be held the month of April. Opening ceremonies dinner will be held Tuesday, May 12 at 5:30 p.m. Events are held in May. Jim Turner participates in the games and serves on the SGSA Committee. He shared that there's probably an event or competition in which you have a passion and relaxes you. There is also good fellowship while participating.

Debbie Williams advised that there were no suggestions submitted to The EC.

Melanie Rodgers reviewed the March 2015 Finance Report. Jim Turner asked how many vans are on the COLTS fleet. Debbie Davidson advised eighteen (18) of which at least 15 are on the roads daily, Monday – Friday.

Mary Upchurch introduced Joan Pellettier of Triangle J Area Agency on Aging. Joan stated that providers have been instructed to use current funding levels for their FY2016 HCCBG (Home and Community Care Block Grant) requests. About 50% of the funds are state funds in the HCCBG. Once the State of NC (summer) and the Federal Government (early fall) have approved budgets, the amounts may change.

Mary Upchurch opened the FY2016 Home & Community Care Block Grant Hearing. Melanie Rodgers distributed and reviewed the FY2016 Provider Services Summary for Lee County Senior Services. A copy is attached to the original minutes. Total funding allocated to Lee County is \$354,732 with a required local match \$39,415. Joan Pellettier asked if Lee County has any clients waiting for HCCBG services. Debbie Davidson advised that there are no waiting lists. Debbie Davidson explained to the Board that temperatures must be maintained the duration of the route. From the time the volunteer picks up the meals and returns the bags to The EC, no more than an hour should pass to maintain proper temperatures of the food. There are times that clients request meals and the route is maximized or volunteers are not available. However, there are no waiting lists due to a lack of funding. After the presentation, Mary Upchurch called for questions and a motion to accept the FY16 Provider Services Summary. With no further discussion, Karen Oldham made a motion to accept the FY16 Provider Services Summary, seconded by Alice Beardslee, all were in favor.

Mary Upchurch called on Jim Payne to provide information from the recent Triangle J AAA Advisory Council meeting. Jim Payne reported on the NC Center for Public Policy Research. They support programs and laws for seniors. They advised the best method of influencing and getting information to senators is face to face contact. Have no more than a one-page information sheet about the information you are communicating. The House of Representatives focuses on tax and business matters. The Senate focuses more on social issues. The Regional Long Term Care Ombudsman reported on the State's Star Level scoring method. Know the star level of the facility; however, dig deeper into information about the facility. Another presentation was about the importance of and how Tri J AAA Advisory Council and local Advisory Boards provide information and educate their communities about legislation in process. Another presentation was by Dennis Streets, Director, Chatham County Council on Aging. He presented information about advocacy efforts.

Old/New Business

Esther Siler resigned as the Lee County alternate for the Senior Tar Heel Legislature. The Senior Tar Heel Legislature meets March, June and October. Joan Pellettier thanked Esther for her years of service. Debbie Davidson advised that there are seven (7) seats available for Advisory Board members as of July 1, 2015. Applications should be submitted to Gaynell Lee, Clerk to the Lee Co. Board of Commissioners. The BOCC reviews applications and appoints members in June. Esther Siler and Woody Beale advised that they would not be applying for renewal.

The next Senior Services Advisory Board meeting will be Wednesday, May 20, 2015 at 8:30 a.m. at The Enrichment Center.

With no further business, and general consent, the Board adjourned at 9:50 a.m.

Respectfully Submitted by Melanjie Rodgers

On behalf of Debbie Davidson, Secretary

Mary Upchurch, Chair




