

Individual and Family Adjustment Services

Services designed to offer assistance to individuals and their family members in support of attempts to restructure or solidify the individual's environment are identified by state policy as Individual and Family Adjustment Services. Activities include counseling to enable the individual to recognize, understand and cope with problems and conflicts in regard to such areas as household management, consumer affairs, family life, alcoholism, drug addiction, developmental delays, emotional disturbance, and school related problems. Such counseling is also designed to help individuals independently utilize community resources, including other social services in the community; to help the individual take advantage of natural support systems; and to achieve an adequate level of functioning within the family and the person's neighborhood. Also included is arranging for other services when needed to support the provision of individual and family adjustment services; diagnostic psychological study and evaluation necessary to determine the appropriate plan of services (if the individual lacks resources for this and the person is deemed to be a person who has been neglected, abused or exploited and in need of protective services, the county may have to assist with part or all of the cost of said evaluations); activities associated with fulfilling the agency's responsibility to serve as guardian or representative payee for individual clients (if DSS is guardian, the county may occasionally use county funds to assist the client with said essential services or activities); and social development through therapeutic groups via referral to community mental health agencies as part of a service plan to give individuals opportunities for participation in structured group activities focused on helping them cope with personal problems, develop capacities for more adequate social functioning and relieve social isolation. Individual and Family Adjustment Services must be requested by the individual or the person's representative. Said services are reimbursed on a 25% - 75% ratio with the county responsible for 75% under the Social Services Block Grant funding source until the source runs out at which time the county is responsible for 100% of the funding source. Billable time is entered on the daysheets completed daily by Adult Services staff. Once these cases are set up, the Social Worker and the client/client representative enter into a service plan agreement, which is updated as needed, and at least annually. In addition to completing dictation for every billable entry on the daysheets, the Social Worker is also responsible for completing quarterly reviews and annual reassessments. Activities also include transporting clients and making home visits as well as coordinating services with other professionals.