

Adult Day Care Program Summary

Day Care Services for Adults is the provision of an organized program of services during the day in a community group setting for the purpose of supporting adults' personal independence, and promoting their social, physical, and emotional well-being. Services must include a variety of program activities designed to meet the individual needs and interests of the participants, a nutritious meal and snacks as appropriate to the program, and referral to and assistance in using appropriate community resources. Medical examinations are required for individual participants for admission to a program and periodically thereafter. Services must be provided in a home or center certified to meet state standards for such programs. Activities and services are provided in the same setting with the same staff. Adults who need adult day care services are aging, disabled and handicapped persons who have impairments which prohibit them from living independently without supportive services and which put them at risk of becoming institutionalized. Some of these adults have faced rather drastic crises in their lives which have led to or will lead to substantial deterioration of their physical, emotional, mental, social and economic well-being. For others, the changes have been slower and less visible. A final group of adults may not yet have experienced crises requiring immediate intervention; for these, the signs of distress and deterioration are developing. Preventive action is needed in these cases. Adult day care services that can respond to these needs. These services are not intended nor appropriate to substitute for the services of skilled nursing care nor to duplicate the functions of an adult social club, sheltered workshop, or senior service center. Each situation and person should be treated individually, recognizing and taking into consideration any unique factors. Each person in a family should be allowed to engage in decision-making and caregiving to the extent that he can and desires. Families have varying values, cultures and lifestyles that should be taken into account during intervention, problem-solving and treatment. Each participant has individual rights to choose not to engage his family in service planning and his needs should still be adequately addressed. The programs are monitored on a monthly basis by Social Services and undergo annual recertification from Social Services as well.