



Enrichment Center Caregiver Calendar

May 2019



Monday	Tuesday	Wednesday	Thursday	Friday
		1 10am: Diabetes Support	2 1pm: Alzheimer's Support 1pm: 10 Absolutes of Dementia Care 5:30pm: Powerful Tools for Caregivers	3
6 10am: Caring Connection Support Group	7 1pm: Caregiver Time Out	8	9 1pm: Grief Support Group 1pm: Stroke Support Group 5:30pm: Powerful Tools for Caregivers	10 1pm: Movie Club (Oh Brother Where Art Thou)
13 Tech 9-1-1 (Sign Up For A Time Slot) 6:30pm: MS Support Group	14 1pm: Caregiver Time Out	15 10:30am: Parkinson's Disease Support Group	16 1pm: Alzheimer's Support 5:30pm: Powerful Tools for Caregivers	17
20 6pm: ANGELS Caregiver Support Group	21 1pm: Caregiver Time Out	22	23 10am: Grandparents Raising Grandchildren Support 5:30pm: Powerful Tools for Caregivers	24
27	28 1pm: Caregiver Time Out	29	30 5:30pm: Powerful Tools for Caregivers	31

Signups for all programs are strongly encouraged in case of cancelation. You can RSVP at (919) 776-0501 ext. 2201.

Please call Holly Hight, Caregiver Specialist, at (919) 776-0501 ext. 2230 for more information regarding these programs or for further assistance.