

LEE COUNTY SENIOR SERVICES ADVISORY BOARD MINUTES

Wednesday, January 16, 2019

The Enrichment Center Conference Room, 1615 S. Third Street, Sanford, NC 27330

Board Members Present: Cleo Bryant, Mary Ann Gaster, Henry Merritt, Jim Payne, Joyce Smith, Mary Upchurch

Board Members Absent: Trudy Forrest, Commissioner Robert Reives

Staff Present: Debbie Davidson, Holly Hight, Melanie Rodgers

Guests Present:

1. 8:30 a.m. Jim Payne called the meeting to order, welcomed the group and announced there was a quorum present.
2. Jim Payne asked for additions or changes to the agenda. With no updates, Mary Upchurch made a motion to accept the agenda, seconded by Mary Ann Gaster and all members in favor.
3. Jim Payne asked if questions or changes to the November 14, 2018 meeting minutes. With no questions or changes, Mary Ann Gaster made a motion to accept the Nov. 14, 2018 meeting minutes, seconded by Cleo Bryant and all members in favor.
4. No one signed in for public comments.
5. Holly Hight announced upcoming senior center programs. Central Carolina Community College is instructing computer classes starting February. February 1 is National Wear Red Day, a day to recognize the severity of heart disease in women and bring awareness to prevention. Tablet and Smart Phone classes, cooking classes and a recipe swap are available. The annual Black History Celebration takes place Friday, Feb. 22 in the Diners Club, special music by Claudia Lee, Reflections in Song. NCBAM, NC Baptist Aging Ministries will present, "Down But Not Out! Addressing Depression in Aging Adults" on March 20 at 2 p.m. Crystal Fowler from Aging Outreach Services will present, "Understanding Long-Term Care: Levels of Care and Funding Sources," on Feb. 21 at 1:00 p.m. Samantha Allred of NCBAM will present, "Laughter is the Best Medicine," on Wed., April 3 at 2 p.m. The 16th Annual Dementia & Caregiver Symposium takes place Tuesday, April 16 from 8 a.m. until 4 p.m. The Symposium is for family and professional caregivers as well as community members wanting to learn more about dementia and brain health. The Friday Movie Club is popular and well attended. Pick up a movie list at the front desk. The EC Drama Club is presenting skits at local nursing homes. The residents and staff are enjoying the skits. Up to 20 hours of in home respite is available to family caregivers in Lee County. Contact Holly for more information. A free support session for grandparents and other relatives raising grandchildren will be Thursday, Feb. 28 at 10 a.m. Jim Payne asked if there are any programs or services at The Enrichment Center affected by the Federal Government shut down. Debbie Davidson advised not at this time. Grantors NCDOT/PTD, Triangle J AAA and Lee Co. Government informed that services and programs should resume uninterrupted through March 2019.
6. Melanie Rodgers presented the November 2018 Finance and MySeniorCenter reports.
7. Debbie Davidson provided Senior Services and COLTS department updates. Lisa Chapman is the recently named President of CCCC. NCDOT Public Transportation Division Director Debbie Collins will retire Feb. 1, 2019 and the PTD section will merge with Bicycle and Pedestrian Division. Jim Payne asked how AARP Tax Aid people with appointments should check in MSC. Debbie Davidson advised have the AARP volunteers check in the people as guests unless they are currently an EC participant. Volunteers should check in once per day and log their volunteer time. Lee County FY20 budget training takes place in January 2019. Triangle J AAA monitoring takes place Jan. 30 and 31. Housing Home Improvement, Options Counseling, Transportation Medical/General and Family Caregiver are the programs monitored. Total Angel Tree boxes delivered were 187. The Home Delivered Meals and Diners Club participants received non-perishable food boxes to keep on hand in case of inclement

weather. COLTS currently has two vehicles down for the same issue. Ford agreed to pay half the cost of the repairs. A third vehicle is down due to repairs from an accident. Wheelchair lift safety bars are on each lift-equipped vehicle. The bars prevent wheelchair clients from rolling off the lift platform.

8. Mary Upchurch will present Senior Tar Heel Legislature updates and the five priorities for 2019 in the Diners Club on January 30, 2019. Mary provided the Board Triangle J AAA Advisory Board updates. Presentations at the last meeting included the opioid crisis, how seniors age 60 and better received formal education scholarships and haven't repaid them or joined the workforce, nursing home funding and the STHL 2019 resolutions and priorities. Mary Ann Gaster asked if the opioid report included age breakdowns. Mary Upchurch said yes and shared some of the data with the group. The next Triangle J AAA Advisory Board meeting will be March 19, 2019.
9. Mary Upchurch advised the next STHL meeting is March 12-13. Lee County is in need of a STHL member. Mary has the bylaws and information if anyone is interested.
10. Old/New Business. Jim Payne asked if Central Carolina Hospital signed insurance plan contracts. Debbie Davidson said she does not have an update.
11. Debbie Davidson advised the next meeting date is Wednesday, February 20, 2019, 8:30 a.m.
12. With no further business, Mary Ann Gaster made a motion to adjourn, seconded by Henry Merritt and all members in favor, 9:45 a.m.

Respectfully Submitted by Melanie Rodgers on behalf of Debbie Davidson, Secretary

Debbie Davidson, Secretary
Jim Payne, Chair Cleo Bryant, Co Chair Cleo Bryant