



Lee County Senior Services

The Enrichment Center of Lee County
1615 South Third Street
Sanford, NC 27330
(919) 776-0501

Wednesday, February 20, 2019

The Enrichment Center Conference Room, 1615 S. Third Street, Sanford, NC 27330

Board Members Present: Cleo Bryant, Mary Ann Gaster, Henry Merritt, Joyce Smith, Mary Upchurch

Board Members Absent: Trudy Forrest, Jim Payne, Commissioner Robert Reives

Staff Present: Debbie Davidson, Melanie Rodgers, Debbie Williams

Guests Present:

1. 8:30 a.m. Cleo Bryant called the meeting to order, welcomed the group and announced a quorum present.
2. Cleo Bryant asked for additions or changes to the agenda. With no updates, Mary Ann Gaster made a motion to accept the agenda, seconded by Henry Merritt and all members in favor.
3. Cleo Bryant asked if questions or changes to the January 16, 2019 meeting minutes. With no questions or changes, Mary Upchurch made a motion to accept the January 16, 2019 meeting minutes, seconded by Joyce Smith and all members in favor.
4. No one signed in for public comments.
5. Debbie Williams announced upcoming senior center programs and referenced the February Center Post newsletter and Caregiver Program sheet. Debbie encouraged the Board to attend and bring someone to the March 26 Opioid Epidemic program, 6:00 p.m. Representatives from the LCG Health Dept. and LCG Sheriff's Office will present and take questions. Registration is now being accepted for the 16th Annual Dementia & Caregiver Symposium to be held at the Dennis A. Wicker Civic and Conference Center, Tuesday, April 16, 2019. Register online, by mail or by calling Lisa Levine at Dementia Alliance, NC, (919) 832-3732. Senior Games & Silver Arts for Lee County registration will be April 1 – 20, early bird and continue through April 30th. The registration fee for first time participants will be waived. Clinics are available at 11 a.m. in March and April to learn and practice skills in shuffleboard, bocce, horseshoes, football throw and corn hole. Contact Jimmy Solomon for more information and to register. A suggestion was made for additional Tai Chi classes. Debbie is working with the instructor on scheduling the additional Tai Chi classes as well as Advanced Tai Chi. Joyce Smith asked the date for the next Drama Club dinner. Debbie replied June 6, 2019.
6. Melanie Rodgers presented the January 2019 Finance and MySeniorCenter reports. Cleo Bryant asked for an update on additional parking options. Mary Ann Gaster asked about a shuttle option from another lot. Debbie Davidson answered additional parking on The EC property is not feasible due to flood plain mapping of the property. COLTS cannot be used as shuttle service due to FTA, Federal Transit Administration policies for the vehicles. The FTA pays 80%, NC pays 10% and Lee County pays 10% of each COLTS vehicle. During large events, such as the

Annual Fall Festival, we seek permission from businesses across Third Street and shuttle to The EC with Senior Services' mini vans. Two parking spaces at the front entrance are now labeled 2 hour parking. This hopefully provides a better vacancy of parking spaces for patrons with walking issues. Joyce Smith asked why First Baptist Church Exercise attendance numbers on the MySeniorCenter report. Melanie advised because the program is supported through advertising by The EC.

7. Debbie Davidson provided Senior Services and COLTS department updates. Senior Services and Parks & Recreation share employee Jourdan Huskey. Jourdan is the Gymnastics Supervisor and that position is her primary duty. Due to gymnastics meets, extended hours at the gym and continuing her scheduled classes at The EC, Jourdan accrues compensatory time. To keep Jourdan's comp time to a minimum her hours have been reduced to 13 at The EC. We are unable to request a fulltime fitness instructor at this time due to guidance from County Manager Crumpton and the Board of Commissioners. The fitness and wellness programs are well attended at The EC and suggestions have come in for personal training and additional Tai Chi and Yoga. Debbie and Program Manager Debbie Williams are seeking options. Lee County Government Department heads and Manager Crumpton are putting together a SWOT, Strengths, Weaknesses, Opportunities, Threats, Analysis about Lee County Government. The combined SWOT analysis will be used as a focus at the April 25 Department Head Retreat. FY2020 department budgets are in process, and the FY2020 HCCBG allocation thus far is the same as the current year. A 2% COLA for fulltime and regular part time employees is included in the FY20 department budget. If you haven't done so already, connect to LCG, Lee County Government, on Face Book, Instagram and Twitter. These social media sites are used for announcements.
8. Debbie Davidson distributed and reviewed NC Medicaid Managed Care Prepaid Health Plan Contract Awards Fact Sheet. Lee County is in the named Region 5 and will launch February 2020. Medicaid recipients will choose a plan through a call center. Refer to the websites listed for the most up to date information.
9. /10. Mary Upchurch reported the next STHL meeting is March 12-13, 2019. Lee County is in need of a STHL member. The next Triangle J Area Agency on Aging meeting is Tuesday, March 19, 2019. Mary recommends board members to attend with she and Jim as guests to experience the meeting and information gained. Mary provided personal testimony as to how being a part of the TriJ AAA Adv. Board helped her better understand services available for seniors and their caregivers and the policies and laws that govern agencies and private businesses. Debbie Davidson added that TriJ AAA Adv. Board meets every other month, carpool is provided from The EC and lunch is included during the meeting.
11. Old/New Business. Debbie Davidson announced The EC invites its volunteers to a Volunteer Recognition Reception on Wednesday, May 1, 2019 from 2 p.m. until 4 p.m.
12. Debbie Davidson advised the next meeting date is Wednesday, March 20, 2019, 8:30 a.m.
13. With no further business, Henry Merritt made a motion to adjourn, seconded by Mary Ann Gaster and all members in favor, 9:37 a.m.

Respectfully Submitted by Melanie Rodgers on behalf of Debbie Davidson, Secretary

Debbie Davidson, Secretary

Jim Payne, Chair *Jim Payne*
