

## LEE COUNTY SENIOR SERVICES ADVISORY BOARD MINUTES

Wednesday, May 16, 2018

The Enrichment Center Conference Room, 1615 S. Third Street, Sanford, NC 27330

**Board Members Present:** Trudy Forrest, Vera Marks, Henry Merritt, Jim Payne, Joyce Smith, Mary Upchurch  
**Board Members Absent:** Cleo Bryant, Karen Oldham, Commissioner Robert Reives  
**Staff Present:** Debbie Davidson, Melanie Rodgers, Debbie Williams  
**Guests Present:** Charmaine Earnest, Mary Warren

8:31 a.m. Jim Payne called the meeting to order, welcomed the group and introductions were made. Charmaine Earnest is a guest attending to learn more about Senior Services and the Advisory Board. Mary Warren is the Director of Triangle J Area Agency on Aging and is present for the FY 2019 Home and Community Care Block Grant hearing. Jim Payne asked if there were other items for the agenda. With no further items, Mary Upchurch made a motion to accept the agenda, seconded by Trudy Forrest, all in favor.

Jim Payne asked the board if they had read the minutes from the April 18, 2018 meeting and if there were any questions. With no questions, Mary Upchurch made a motion to accept the minutes, seconded by Henry Merritt, all in favor.

There were no public comments.

Debbie Williams reviewed upcoming program information and distributed the May 2018 Center Post. May is Older Americans Month. Water aerobics a.m. and p.m. classes held at OT Sloan Pool are extremely popular. New classes scheduled include blood pressure monitoring by a blood pressure coach and downsizing made easy with auctioneer/realtor Lisa York. On May 30, from 10 a.m. until 3 p.m. a veterans' clinic takes place facilitated by the Tramway Location of the CBOC – Community-Based Outpatient Clinic for Veterans Affairs. Debbie welcomed suggestions from the board for senior center programs.

Debbie Williams advised she submitted the SCOPE – Senior Center Operations and Program Evaluation tool to NCDAAS – NC Division of Aging and Adult Services on May 10, 2018. The site visit takes place June 12, 2018.

Debbie Davidson advised Senior Games & Silver Arts cycling events are going on now. The SGSA opening ceremonies and follies took place last evening. There are 167 SGSA event registrations. Debbie requested the board to invite and recruit for SGSA year-round. Refer interested people to Jimmy Solomon, SGSA Coordinator, Ext. 2207.

Melanie Rodgers reviewed the April 2018 Finance and MySeniorCenter reports.

Melanie Rodgers opened the FY 2019 Lee County Home and Community Care Block Grant Hearing. Melanie reviewed N.C. G.S. 143B-181.1(a) (11) which authorizes the HCCBG. The Federal Older Americans Act authorizes the majority of funds comprising the Block Grant. Community service systems assist older persons in leading independent, meaningful and dignified lives in their own homes and communities as long as possible. Lee County's FY 2019 allocation is \$385,959 with a required local match of \$42,885. Mary Warren stated there is a good possibility that Lee County will receive additional dollars. She will keep in touch regarding any increase to the allocation. Melanie distributed and reviewed the FY2019 Provider Services Summary. Copies are with the original minutes. Debbie Davidson advised the Lee Co. Board of Commissioners vote on the FY2019 HCCBG package at the May 25, 2018 meeting. There were no questions. Trudy Forrest made a motion to accept the FY2019 Lee County HCCBG Provider Services Summary, seconded by Mary Upchurch, all in favor.

Debbie Davidson provided department updates. The FY 2019 budget for Senior Services and COLTS on the June 4, 2018 BOCC agenda for adoption. Debbie invited board members and guests to a reception scheduled Thursday, June 21 at 2:00 p.m. honoring Cleo Bryant and Mary Upchurch recipients of the 2018 Governor's Award for Outstanding Volunteer Service in Lee County and George and Theresa Miller, 2018 Governor's Medallion Award Recipients.

Jim Payne announced that he, Mary Upchurch and Trudy Forrest attended the recent Triangle J AAA Advisory Council meeting. Trudy shared information provided by Jim Maron from the NC Securities Commission, about scams involving financial planners. Even if you personally know your financial planner, it is a best practice to check out their license and information with the NC Secretary of State, Securities Division. The phone number is 1-800-688-4507 or 919-814-5400, or email [jmaron@sosnc.gov](mailto:jmaron@sosnc.gov). Mr. Maron also warned to stay away from crypto money, such as bitcoin. Mary Upchurch shared Triangle J AAA passed their monitoring visit by NCDAAAS. Mary advised there are Aging Policy Listening Sessions scheduled and the talking points. Jim shared June is Elder Abuse Awareness Month. Ombudsmen at Triangle J AAA assist families, nursing home advisory boards and nursing home facilities with the proper care of older adults in these types of facilities. Melanie Rodgers reminded the board that they are Senior Advocacy Group for Lee County citizens. Their role is to advocate for the needs of seniors in our community.

Jim Payne announced the next Senior Tar Heel Legislature activity is determining resolutions. The next meeting takes place June 12 and 13, 2018.

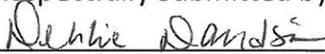
Jim Payne asked if there was any old or new business. None.

Debbie Davidson asked the board their preference for the summer meeting schedule. After discussion, Henry Merritt made a motion that the board not meet in June and July 2018, seconded by Trudy Forrest, all in favor. The next meeting date is Wednesday, August 15, 2018 at 8:30 a.m. at The Enrichment Center.

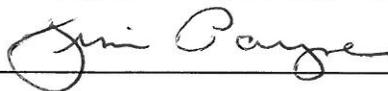
9:40 a.m. – Trudy Forrest left the meeting.

With no further business, Mary Upchurch made a motion to adjourn, seconded by Joyce Smith, all in favor. The meeting adjourned at 9:42 a.m.

Respectfully Submitted by Melanie Rodgers on behalf of Debbie Davidson, Secretary

  
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Jim Payne, Chair

  
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