

LEE COUNTY SENIOR SERVICES ADVISORY BOARD Meeting Minutes

Wednesday, August 16, 2017 The Enrichment Center, 1615 S. Third Street, Sanford, NC 27330

Board Members Present: Cleo Bryant, Trudy Forrest, Vera Marks, Henry Merritt, Jr., Karen Oldham, , Mary Upchurch, Nonnie (Joyce) Smith

Board Members Absent: Jim Payne, Comm. Robert Reives

Staff Present: Debbie Davidson, Melanie Rodgers, Debbie Williams

Guests Present:

8:30 a.m. Cleo Bryant called the meeting to order and introductions made. With no changes to the Agenda, Trudy Forrest made a motion to approve, seconded by Mary Upchurch, all in favor.

Cleo Bryant asked if everyone had read the minutes for the April 19, 2017 and May 17, 2017 meetings. With no questions or discussion, Trudy Forrest made a motion to accept the minutes, seconded by Mary Upchurch, all in favor.

No public comments.

Debbie Davidson read the Oath of Office to new Board Member Nonnie (Joyce) Smith. Joyce signed the oath. It was notarized and forwarded to the Lee County Clerk to the BOCC.

Debbie Davidson advised it is time to elect officers for Fiscal Year 2018. Although Jim Payne is absent at the meeting, he did agree if nominated for officer, he would accept. Cleo Bryant nominated Jim Payne for Chair, seconded by Trudy Forrest, all in favor. Trudy Forrest nominated Cleo Bryant for Vice Chair, seconded by Mary Upchurch, all in favor.

Debbie Davidson provided department updates. The Lee Co. Board of County Commissioners approved the FY18 budgets for Senior Services and COLTS. Fitness Instructor Kathy McLeod-Edwards will retire November 30, 2017. COLTS confirmed more than 375 trips provided per day of which at least one third are wheel chair clients. COLTS now provides transportation services six days per week. The addition of Saturday is due to Medicaid Medical trips. The Stevens Center, located at 1576 Kelly Drive, contracts with COLTS through their Rideability program. The Stevens Center focuses on providing support to individuals of all ages that have developmental disabilities. Their goal is to help such individuals be respected and active participants in their community. Trudy Forrest asked for more details about Rideability. Debbie answered that individuals age 60 and better with a defined disability can access transportation on Thursday evening and Saturday daytime to shopping, movies, Depot Park and other businesses within Sanford/Lee County. Rideability passengers pay \$1 fare to The Stevens Center and the remainder of the cost is support by a grant through NCDOT/PTD. It is important for safety purposes to have dispatch services during these additional hours, and they are covered by either a staff member of The Stevens Center or a COLTS Lead Driver. Debbie stated heavy-duty-traffic flooring would replace carpets at The Enrichment Center in this year's budget.

Cleo Bryant stated the 11:00 AM exercise on Tuesday/Thursday in the Diner's Club is running out of space. There are more than 30 participating in the chair exercise class. She asked can an additional class be considered or an alternative? Debbie Williams answered she will look into additional options and report to the board.

Melanie Rodgers distributed and reviewed the Fiscal Year-End 2017 report, May 2017 finance report and MySeniorCenter report. Copies are included in the original minutes.

Debbie Williams reviewed upcoming programs and distributed flyers. The recent Retirement Savings Program by Doug Gay had 13 attendees, all with a variety of retirement stages. New programs include Wood Burning Art Class, Tatting Class, Wood Whittling, Jewelry Making, Beginner Guitar, and Smart Phone Class. Upcoming programs: 8/21 Solar Eclipse Education Presentation, 8/25 Medicine Park Pharmacy and Quality Home Health 9 am – 12 pm in the Diners Club for Brown Bag Rx Review and equipment options. In recognition of Senior Center Month in September, special programs are scheduled. The 2017 theme is "Masters of Aging" and programs include: Dana Guevara with Liberty Home Care provides fall assessments, Fall in Love with Reading Author Series every Wednesday, 9/15 flu shots by Walgreens,

Central Dermatology skin screenings, Bright Audiology hearing screenings, 9/12 Senior Center Advocacy Day, 9/20 Fall Prevention program by the Sanford Fire Dept., Powerful Tools for Caregivers 9/21 through 10/26, 9/22 Elder Abuse Awareness, 9/25 Hurricane Awareness, 9/28 Country and Western Ho'Down Dinner with music entertainer Tim Haire, 9/29 CCCC Dental School provides screenings and information. The Enrichment Center's recertification for Senior Center of Excellence takes place June 2018. The SCOPE (Senior Center Operations & Program Evaluation) tool is a 5-year file documenting that The Center provides exemplary services and opportunities to their communities and serve as mentors and models to developing centers. There were no suggestions submitted to The Center.

Triangle J Area Agency on Aging Updates – Lee County was not in attendance at the last meeting.

Mary Upchurch advised the Senior Tar Heel Legislature met June 13-14, 2017. A copy of the press release was distributed, reviewed and attached to the original minutes.

Old/New Business: None

The next board meeting will be at 8:30 a.m. Wednesday, September 20, 2017 at The Enrichment Center. Debbie Davidson stressed the importance of attendance at the September 20 meeting. The Volunteer and Board Orientation is on the agenda.

9:31 a.m. With no further business, the meeting ended. Trudy Forrest made a motion to adjourn, seconded by Karen Oldham, all in favor.

Respectfully Submitted by Debbie Davidson, Secretary 

Cleo Bryant, Vice Chair _____

Chair - 