

## SUBSTANCE USE SERVICES

### Alcoholics Anonymous

919-776-5522  
319 North Moore St., Sanford NC 27330

### Daymark Recovery Services

919-774-6521  
130 Caribnton Rd., Sanford NC 27330  
**Population Served:** Children, Adolescents, Adults  
**Insurance:** Medicaid, Health Choice, Medicare, IPRS, Major Insurances-Out of Network, BCBS (only In-Network), Self-Pay  
**Services:** DA, OPT, MED MGT

**Website:** [www.daymarkrecovery.org](http://www.daymarkrecovery.org)

### Behavioral Healthcare Associates

919-292-1464  
319 Court Square, Sanford NC 27330  
**Population Served:** Children, Adolescents, Adults  
**Insurance:** BCBS, Cigna, Medicare, Tricare, United Healthcare  
**Services:** CCA, DA, OPT, MED MGT, PSYCH EVAL, Substance Abuse Counseling  
**Website:** [www.behavioralhealthcareassociates.org](http://www.behavioralhealthcareassociates.org)

### Narcotics Anonymous

888-835-8801 (24 hour phone line)  
**Website:** [www.ncregion-na.org](http://www.ncregion-na.org), [www.na.org](http://www.na.org)

### SOLO Behavioral Health Services, PLLC

919-774-1131  
345 Carthage St., Sanford NC 27330  
**Population Served:** Adolescents, Adults  
**Insurance:** Self-Pay  
**Services:** DWI, Short & Long-term treatment, Out of State Reviews  
**Website:** NA

### Spectrum Recovery Inc.

919-708-5063  
822 S Horner Blvd., Sanford NC 27330  
**Population Served:** Adolescents, Adults  
**Insurance:** Medicaid, BCBS, Medicare  
**Services:** DA, OPT, MED MGT, PSYCH EVAL, SACOT, SAIOP, Individual & Group Therapy  
**Website see:** Facebook page

### Sanford Treatment Center

919-776-0711  
2910 Industrial Drive, Sanford NC 27330  
**Population Served:** Adults  
**Insurance:** Self-Pay  
**Services:** OPT, Group, Methadone & Buprenorphine Treatment  
**Website:** <https://sanfordncdrugrehab.com/>

## INTELLECTUAL DEVELOPMENTAL DISABILITIES

**Lee County Industries** 919-775-3439  
2711 Tramway Rd, Sanford NC

**Stevens Center** 919-776-4048  
1576 Kelly Drive, Sanford NC

## PSYCHOSOCIAL REHABILITATION SERVICES

**Monarch Behavioral Services** 919-774-1485  
214 McIver St., 108 E. Seawell St. Sanford NC 27330

## TRANSPORTATION

**COLTS** (County of Lee Transit System) 919-776-7201

**D.A.Y. Taxi Cab Service** 919-353-0063

**Job Express** (to/from work) 919-478-8178

**Stevens Center** 919-776-4048

## HOUSING - EMERGENCY SHELTER

**Affordable Housing** 919-721-1678

919-774-0693, 919-777-0661, 919-774-1117, 919-774-6125

**Extreme Weather Shelter** 919-777-7233

(below 32 degrees) 219 Maple Ave, Sanford NC

**Family Promise of Lee County** 919-718-1540

**HAVEN of Lee County** 919-774-8923

Domestic Violence/Sexual Assault Shelter

**Johnston Lee Harnett Community Action** 919-776-0746

**Outreach Mission Inc. - Christian Faith Ministries:**

Women's Shelter 919-774-7112

Men's Shelter 919-776-8474

**Oak Ranch** (single moms/children) 919-258-5437

**Sanford Housing Authority** 919-776-7655

## SUPPORT GROUPS, WORKSHOPS

### Grief Support Group (free) – Lee Enrichment Ctr.

Linda Moore, RN, MSN, PA, 919-770-0212

**HAVEN in Lee County** 919-774-8923

Domestic Violence & Sexual Assault Groups

**Lee-Harnett Family Support** 910-985-0126

leeharnettfsp@yahoo.com 877-776-6702

**NAMI** (National Alliance on Mental Illness) 910-476-7164

[www.nami-cumberland.com](http://www.nami-cumberland.com) (Cumberland, Lee, Harnett)

**Sandhills Center** 1-800-256-2452

Basic Mental Health Training

## ADDITIONAL RESOURCES

**Bread Basket** (Food/Clothing) 919-774-3118

**Call: 211** for Health and Human Services, [www.nc211.org](http://www.nc211.org)

**Central Carolina Community College** 919-775-5401

**CUOC** (Food/Clothing) 919-774-8485

**Helping Hands Clinic** 919-776-4359

**Job Seekers** (First Baptist 202 Summit Dr Wednesdays)

**Jobs for Life** (see Salvation Army)

**Johnston Lee Harnett Community Action** 919-776-0746

(Crisis assistance, self-sufficiency)

**Lee County Department Social Services (DSS)**

919-718-4690

**Lee County Enrichment Center** 919-776-4359

**Lee County Public Health Dept.** 919-718-4688

**Lee County Partnership for Children** 919-774-9496

**Legal Aid** 919-542-0475 x105, 1-866-219-5262

**NC Works Career Center** 919-775-2241

**Rapid Rehousing** 919-776-0746

**Salvation Army** 919-776-2769

**Mission:** "LeeCAN is a partnership inspiring community action for a healthier Lee County."

106 Hillcrest Drive

PO Box 1528

Sanford, NC 27331

(919) 718-4640 ext. 5314 [LeeCAN@leecountync.gov](mailto:LeeCAN@leecountync.gov)



2018

## LEE COUNTY MENTAL HEALTH, SUBSTANCE USE & INTELLECUAL DEVELOPMENTAL DISABILITY SERVICES

Community resources for access to mental health, behavioral health, intellectual developmental disabilities and substance use treatment for children, adolescents and adults.

Brochure available online:  
<https://leecountync.gov/Departments/PublicHealth/LeeCAN>

- Does your child have behavior problems at school?
- Does your child show signs of hyperactivity?
- Do you suffer from anxiety?
- Is there extra stress on family relationships?
- Has your grief turned into depression?
- Do you know someone who suffers from PTSD?
- Are you or someone you know challenged with substance use?

Contact providers for additional information.

# CRISIS SERVICES

# MENTAL HEALTH PROVIDERS SERVING LEE COUNTY

## Sandhills Center

1-800-256-2452  
Information, Screenings & Referral, 365 days per year- 24 hours a day  
[www.SandhillsCenterAccess2Care.org](http://www.SandhillsCenterAccess2Care.org)

## Daymark Recovery

919-774-6521  
Walk-In CRISIS Services  
8:00am-5:00pm  
130 Caribonton Rd.,  
Sanford NC 27330

## Therapeutic Alternatives, Inc.

1-877-626-1772

**MOBILE CRISIS Service**  
Onsite within 2 hours  
24 hours a day

## First Responder

Persons with established relationship with a provider should contact their provider in Non-Emergency situations.  
365 days per year-24 hours per day

## EMERGENCY: Dial 911

Suicidal threats, suicidal attempts and mental health crisis situations involving immediate Life Threatening DANGER!

## CENTRAL CAOLINA HOSPITAL - ER DEPT.

After 5:00pm 919-774-2100  
1135 Carthage St., Sanford NC 27330

**SUICIDE HOTLINE: Suicide Prevention Lifeline 1-800-273-TALK**

**VETERANS CRISIS LINE**  
1-800-273-8255

## Advance Behavioral Center Inc.

### CABHA

919-777-0214  
317 Chatham St., Sanford NC 27330  
**Population Served:** Children, Adolescents, Adults  
**Insurance:** Medicaid, Health Choice  
**Services:** DA, OPT, PSYCH EVAL, MED MGT, IIHS, CST, PSR, Spanish Interpreter  
**Website:** NA

## Behavioral Health Care Associates

919-292-1464  
319 Court Square, Sanford NC 27330  
**Population Served:** Children, Adolescents, Adults  
**Insurance:** BCBS, Cigna, Medicare, Tricare, United Healthcare  
**Services:** CCA, DA, OPT, MED MGT, PSYCH EVAL, Substance Abuse Counseling  
**Website:** [www.behavioralhealthcareassociates.org](http://www.behavioralhealthcareassociates.org)

## Compass House Counseling Center

919-774-8790  
311 W. Rose St., Sanford NC 27330  
**Population Served:** Children, Adolescents, Adults  
**Insurance:** Medicaid, Health Choice, Major Insurances In-Network, Tricare, Self-Pay  
**Services:** OPT, Family, Couples (Free-Consultation)  
**Website:** [www.compasshousecounselingnc.com](http://www.compasshousecounselingnc.com)

## Daymark Recovery Services CABHA

919-774-6521  
130 Caribonton Rd., Sanford NC 27330  
**Population Served:** Children, Adolescents, Adults  
**Insurance:** Medicaid, Health Choice, Medicare, IPRS, Major Insurances-Out of Network, BCBS (only In-Network), Self-Pay  
**Services:** DA, OPT, MED MGT, IIH, SAIOP  
**Website:** [www.daymarkrecovery.org](http://www.daymarkrecovery.org)

## Hopeful Horizons Counseling Service

919-776-8831  
321-A Court Square, Sanford NC 27330  
**Population Served:** Children, Adolescents, Adults  
**Insurance:** Major Insurances, Tricare  
**Services:** OPT, Family, Marital  
**Website:** NA

## Life Span Counseling Center

919-777-6786  
321-B Court Square, Sanford NC 27330  
**Population Served:** Children, Adolescents, Adults  
**Insurance:** Medicaid, Health Choice, Medicare, Major Insurances- In Network, Tricare & Self Pay  
**Services:** OPT  
**Website:** NA

## Nicole McFarland, LMFT

919-356-7902  
1012 Elm St., Sanford NC 27330  
**Population Served:** Children, Adolescents, Adults  
**Insurance:** Contact for more information  
**Services:** OPT  
**Website:** NA

## Linda W. Moore, RN, MSN, PA

919-770-0212  
503 Carthage St. Suite 304, Sanford NC 27330  
**Population Served:** Adolescents, Adults, Individual, Individual, Couples, Families  
**Insurance:** BCBS, Humana Military, Private Pay,  
**Services:** OPT  
**Website:** NA

## New Beginnings Counseling Services, PLLC\*

919-718-1597  
1518 S. Homer Blvd, Sanford NC 27330  
**Population Served:** Adolescents, Adults  
**Insurance:** Medicaid, Health Choice, Medicare, Major Insurance In-Network, Tricare, Self-Pay & Sliding Scale  
**Services:** CCA, DA, OPT, MED MGT, PSYCH TEST, SAIOP  
**Website:** [www.newbeginningscounselingservices.net](http://www.newbeginningscounselingservices.net)

## Cecelia Patterson, LCSW, PLLC

919-895-6305  
318 Court Square, Sanford NC 27330  
**Population Served:** Children, Adolescents, Adults  
**Insurance:** Contact for more information  
**Services:** OPT  
**Website:** NA

## Primary Health Choice, Inc.

919-774-7044  
1514 S. Homer Blvd, Sanford NC 27330  
**Population Served:** Children, Adolescents, Adults  
**Insurance:** Medicaid, Health Choice, Medicare & Self Pay  
**Services:** DA, OPT, MED MGT, Psych Test, DAY, IIHS  
**Website:** NA

## Jacobs Counseling Services, PPLC

Cindy Jacobs, LPC-S  
919-777-3350  
213 Bracken St., Sanford, NC 27330.  
**Population Served:** Children, Adolescents, Adults  
**Insurance:** Medicaid, Medicare, Tricare, IPRS, Major Insurances In Network  
**Services:** OPT  
**Website:** NA

## Sandhills Center

1-800-256-2452  
**Population:** Children, Adolescents, Adults  
**Services:** Screening & Referral via 800# and website  
**Website:** [www.sandhillscenter.org](http://www.sandhillscenter.org),  
[www.SandhillsCenterAccess2Care.org](http://www.SandhillsCenterAccess2Care.org)

## Sandhills Clearview

Julie Brown, PhD, LPC, NCC, CTS, DBTC  
919-478-9969  
318 Court Square, Sanford NC 27330  
**Population Served:** Children, Adolescents, Adults  
**Insurances:** Contact for more information  
**Services:** OPT, Individual, Family  
**Website:** [www.sandhillsclearview.com](http://www.sandhillsclearview.com)

## Set Apart Christian Counseling

Dorothy Waterson, PhD  
919-345-8002  
213 Bracken St., Sanford, NC 27330(  
**Population Served:** Children, Adolescents, Adults  
**Insurance:** Self Pay  
**Services:** OPT  
**Website:** NA

## Spectrum Recovery Inc.

919-708-5063  
822 S Horner Blvd., Sanford NC 27330  
**Population Served:** Adolescents, Adults  
**Insurance:** Medicaid, BCBS, Medicare  
**Services:** DA, OPT, MED MGT, PSYCH EVAL, SACOT, SAIOP, Individual & Group Therapy  
**Website:** Facebook page

## Katie Thomas, LCSW, PLLC

919-561-5076  
1012 Elm St., Sanford NC 27330  
**Population Served:** Children, Adolescents, Adults,  
**Insurance:** BCBS, Tricare FCC & Private Pay  
**Services:** OPT  
**Website:** NA

## VC & Associates Inc.

919-774-3112  
1704 S. Homer Blvd., Sanford NC 27330  
**Population Served:** Children, Adolescents, Adults  
**Insurance:** Medicaid, Health Choice, Tricare, BCBS, Cigna  
**Services:** CCA, DA, OPT, PSYCH EVAL, MED MGT, PSYCH TEST, IIHS. Spanish Interpreter  
**Website:** [www.vcandassociates.com](http://www.vcandassociates.com)

## Well Centered

Sarah Courtright, LPC  
919-777-9355  
**Population Served:** Children, Adolescents, Adults  
**Insurance:** Self Pay, Sliding Scale  
**Services:** OPT, Individuals, Couples  
**TELE-THERAPY ONLY**  
**Website:** [www.wellcenteredcounseling.com](http://www.wellcenteredcounseling.com)

## Beverly Wicker, LCSW, LCAS, CCS, DCC

919-774-1131  
345 Carthage St., Sanford NC 27330  
**Population Served:** Teens, Adults, Couples  
**Insurances:** Aetna, BCBS, Medicaid, Medicare, Health Choice, Humana, United Health Care/Optum, Tricare, Self-Pay & Sliding Fee Scale.  
**Services:** OPT, DWI (DBA as SOLO Behavioral Health Services) Bilingual services available  
**Website:** NA

**Sandhills Center: Access2Care Behavioral Health Screening** The Access2Care screening program is designed to provide access to anonymous, online, evidence-based behavioral health self-screenings, educational resources and referral information in English and Spanish. Access2Care is available online 24 hours a day, seven days a week. [www.SandhillsCenterAccess2Care.org](http://www.SandhillsCenterAccess2Care.org)