



Enrichment Center Caregiver Calendar

December 2019



Monday	Tuesday	Wednesday	Thursday	Friday
2 10am: Caring Connection Support Group 10am: 5 Toe Club Amputee Support	3 1pm: Caregiver Time Out	4 10am: Diabetes Support	5 1pm: Dementia Caregiver Support 6pm: Dinner Theatre	6
9	10 1pm: Caregiver Time Out 1pm: Low Vision Support Group	11 2:30pm: Online Services For Seniors	12 1pm: Grief Support Group 1pm: Stroke Support Group	13 1pm: Movie Club
16	17 1pm: Caregiver Time Out	18 10:30am: Parkinson's Disease Support Group	19 1pm: Caregiver Christmas Party	20
23	24 ENRICHMENT CENTER CLOSED	25 ENRICHMENT CENTER CLOSED <i>MERRY CHRISTMAS!</i>	26 ENRICHMENT CENTER CLOSED	27
30	31 1pm: Caregiver Time Out <i>Happy New Year's Eve!</i>			

Signups for all programs are strongly encouraged in case of cancelation. You can RSVP at (919) 776-0501 ext. 2201.

Please call Holly Hight, Caregiver Specialist, at (919) 776-0501 ext. 2230 for more information regarding these programs or for further assistance.