

MINUTES OF THE MEETING
OF
THE BOARD OF HEALTH
FOR
THE COUNTY OF LEE, STATE OF NORTH CAROLINA

April 17, 2019

The regular meeting of the Board of Health for the County of Lee, State of North Carolina, convened at 7:00 p.m. in the County Commissioners Meeting Room, 106 Hillcrest Drive, Sanford, North Carolina. Members present were: Dr. William Hall, Dr. Andre Knecht, Dr. Andrew Loudon and Mrs. Nilla Sloop. Mr. Heath Cain, Health Director was present as Board Secretary.

Members absent were: Mrs. Charity Dodson, Mr. Glenn Gunter, II, Mrs. Mary Hawley-Oats, Pastor Alice Hooker, Mr. John Riley, Jr., Dr. Diane Schaller and Dr. Teresa Wooddell.

Mrs. Nilla Sloop, Co-Chairperson, presided and the following information was shared:

Approval of the Agenda:

The Board of Health did not have a quorum so the Action items on April's Board agenda will be presented at May 17, 2019 Board meeting.

Approval of the Minutes:

The Board of Health did not have a quorum so the Action items on April's Board agenda will be presented at May 17, 2019 Board meeting.

Public Comments: None

- **Introduction of new employees** – Mr. Cain introduced Ms. Rachel Laird, RN and Mrs. Mariola Pacheco-De Gillie, WIC
- **Information Shared – Mr. Heath Cain, Health Director-**
 - **Approval of the FY 2019-2020 Budget Request** – Mr. Cain reported that he had a meeting with the County Manager on 03/25/2019 and presented everything on the list and nothing has been removed including the requests from last month. The proposed expenditures for last year was \$3.5 million. This year's request for expenditures is about \$70 to \$80 thousand less than last year. This includes a proposal for a 2% COLA for employees. County revenues for health department services was \$1.889 million and this year it's \$1.892 million which is about \$3000 more than last year due to the State having cut resources for some programs.
 - **Approval of the NC Dept. of Cultural Resources Retention Schedule** – Mr. Cain stated that there was a change in the Retention Schedule that has to do with the Health Department that will allow for the destruction records sooner. The Health Department has to get approval from the Department of Cultural Resources before destroying documents. The first two pages of the Cultural Resources Retention Schedule will be submitted at the next Board of Health meeting in May.

The Board of Health did not have a quorum so the Action items on April's Board agenda will be presented at May 17, 2019 Board meeting.

- **New Information – Mr. Cain, Health Director**

- 2018 Communicable Disease Trends Report – Mrs. Pamela Ridenhour, Nursing Dir.

There were no surprises from last year to this year.

Chlamydia and Gonorrhea are still the top sexual transmitted diseases in Lee County

There were about 12 Syphilis cases and we went from 2 HIV cases last year to 8 this year. That was no surprise since the way Syphilis is contracted puts people at high risk to HIV exposure. When Syphilis increases HIV cases increase.

Vaccine preventable diseases – Pertussis cases are up by 3 but it's nothing out of the ordinary

Basic common diseases – there was nothing that stood out.

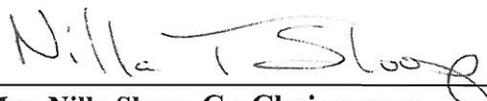
At the Common Disease Conference this year and every time we went the topic was the ongoing opioid epidemic. The southeastern portion of NC has seen an increase of opioid drug use. With increased opioid use and STDs you see increases of Syphilis and Hepatitis cases. The 2015 Burden Assessment of Counties ranked counties based on overdose emergency room visits, acute Hepatitis C infections and other factors. In 2019, they looked at 2016-2017 data looking at acute Hepatitis B and Hepatitis C infections, fatal or non-fatal overdoses, pericarditis infections and prescription practices like methadone. The data puts Lee County in the top 25 in NC with overdoses and infections.

Vaccine preventable disease increase due to vaccine hesitant parents. In NC, only a licensed physician or religious exemptions can opt children from vaccines. The impact of one case is needing all nurses to document and follow up.

Mrs. Sloop asked about Salmonella. Mrs. Ridenhour explained that unless there is an outbreak, her staff deal with it on individual cases going over safety and investigating to find the origin of the bacteria.

Mr. Cain commended and thanked Mrs. Ridenhour for her great work and leadership throughout 4-5 nurse turnaround. She has been overwhelmed at times while getting Beverly and Jessica trained. While they are out, she has been overseeing the other programs as well and just a blessing to have.

The meeting adjourned at 7:27pm.



Mrs. Nilla Sloop, Co-Chairperson

ATTEST



William Cain, REHS, MPA, Health Director